

# Saint Michael's Catholic Parish



12 Sproule Street - Nelson Bay 2315  
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Email: stmichaelsnb@mn.catholic.org.au  
www.nelsonbaycatholicchurch.com  
Diocese of Maitland-Newcastle



## Four Sunday of Lent Year C 30 March 2025

We acknowledge the Worimi people - the traditional custodians of this land.  
**Taste and see the goodness of the Lord.**

### WEEKEND MASS TIMES

Reconciliation:

Saturday  
4.00pm - 4.45 pm

Saturday Vigil: 5:00 pm

Sunday Mass: 8.30 am

Exposition and  
Adoration

One Hour before Mass

### WEEKDAY MASS

Tuesday	NO MASS
Wednesday	9.15 am
Thursday	5.00 pm
Friday	9.15 am

### PARISH CONTACTS

#### PARISH PRIEST:

Fr. Anthony Nguyen  
Phone: 0420 401 025

#### PARISH DEACON:

Dcn Gerard McCarthy

#### PARISH SECRETARY:

Mrs Dianne Maric  
Parish Office Hours  
9.30 am to 3.00 pm  
Wednesday to Friday  
Phone: 0401 233 650

#### ST MICHAEL'S PRIMARY SCHOOL PRINCIPAL:

Ms Helen Bourne  
Office: 4981 1111

### COMMUNITY SAFETY AT OUR MASSES

Please be assured that we are doing all we can to ensure our gatherings are as safe as possible:

- Please do not enter the church or other parish buildings if you are unwell. This includes meetings/gatherings.
- No density limits apply in Places of Worship but please allow space between people where possible.
- Please continue to hand sanitise.
- HOLY WATER is now available and is changed regularly.

### HOLY COMMUNION

The Communion host can be received in the hand, and on the tongue with care. Since the latter is deemed high risk, please proceed to the Priest or Deacon only and at the end of the line.

### ANOINTING MASS

On Friday 4<sup>th</sup> April 2025 at 9.15am we are having an Anointing Mass with the 'Oil of the Sick' for the sick, frail, elderly or anyone in need of healing.

### LOW GLUTEN HOSTS

Please see Fr. Anthony or Deacon Gerard before mass if you are coeliac or gluten intolerant.

### STATION OF THE CROSS

Stations of the Cross will resume on Friday, 4<sup>th</sup> April at 8.45am Friday (prior to Mass).

**PLEASE NOTE: NO MASS ON TUESDAY, 1<sup>ST</sup> APRIL 2025.**

### ST MICHAEL THE ARCHANGEL PRAYER

Saint Michael the Archangel,  
defend us in battle.  
Be our protection against  
the wickedness and  
snares of the devil;  
May God rebuke him,  
we humbly pray;  
And do thou,  
O Prince of the  
Heavenly Host,  
by the power of God,  
cast into hell Satan  
and all evil spirits  
who roam the world  
seeking the ruin of souls.  
Amen.

### MEDITATION GROUP



The light and glory of God are to be found in our hearts, if only we would learn to be still and silent. Our weekly Meditation Group assembles each Friday at 10.00 am in the multi-purpose room at the back of the Church. Everyone is welcome to attend.

*'Be still long enough, and you will hear God's voice.'*

**ST MICHAEL'S CATHOLIC CHURCH - NELSON BAY**  
**PROMOTES SAFEGUARDING, WHICH INVOLVES THE IMPLEMENTATION OF**  
**PROACTIVE, COMMON SENSE AND PRACTICAL IDEAS THAT ENSURE THE SAFETY**  
**OF CHILDREN AND VULNERABLE ADULTS IN OUR COMMUNITY**

**PASCAL TRIDUUM / EASTER MASSES TIMETABLE**

† Tuesday, 15 <sup>th</sup> April	Chrism Mass	7.00 pm – Sacred Heart Cathedral (840 Hunter St, Newcastle West)
† Wednesday, 16 <sup>th</sup> April	Holy Week	9.15 am
† Thursday, 17 <sup>th</sup> April	Mass of the Last Supper	6.00 pm
	Adoration until	8.00 pm
† Friday, 18 <sup>th</sup> April	Stations of the Cross	10.00 am
	The Lord's Passion	3.00 pm
† Saturday, 19 <sup>th</sup> April	<b>Holy Saturday Vigil</b>	<b>5.30 pm</b>
† Sunday, 20 <sup>th</sup> April	Easter Sunday	7.00 am and 8.30 am

**HAPPY 20TH ANNIVERSARY ORDINATION DEACON GERARD MCCARTHY**

Tuesday, 1st April is the 20<sup>th</sup> Anniversary of ordination of Deacon Gerard McCarthy. Congratulations Gerard on another milestone in your permanent Deacon journey! Your dedication, faith and commitment inspire us all. May the Lord guide you, strengthen you and bless you abundantly as you continue with your service to God in the Correctional Centre at Cessnock and our parish of St Michael's Nelson Bay - Thank you Deacon Gerard and Mrs. Nicolas McCarthy.



**JOIN CARITAS AUSTRALIA'S PROJECT COMPASSION 2025**

This Lent, Caritas Australia's Project Compassion invites you to Unite Against Poverty and take action to make a lasting difference.

Join us for Project Compassion in 2025 by hosting a fundraiser, making a donation or exploring our many engagement and educational resources. How will YOU get involved in Project Compassion this year?

**SACRAMENT OF RECONCILIATION**

Kindly pray for the children in our parish who do the preparations for the Sacrament of Reconciliation.

**EASTER EGG DONORS FOR OUR BROTHERS IN CESSNOCK CORRECTIONAL CENTRE**

As we prepare to celebrate the joyous Easter, we are reaching out to you our wonderful parishioners of St Michael's Nelson Bay for Easter egg donations to our brothers in Cessnock Correctional Centre.

If you can please buy an Easter egg and donate from this weekend to Palm Sunday. Easter eggs will be distributed during Holy Week throughout the correctional centre and may go to individuals of any faith or no faith. The goal is to send a message of love and mercy to those incarcerated.

Your kindness and generosity will be deeply appreciated by our brothers. Easter Egg donations can be dropped off in the bucket at the entrance of the Church.

**NEXT SUNDAY**  
**5<sup>th</sup> Sunday of Lent**  
**Year C**  
**First Reading**  
 Isaiah 43:16-21  
**Responsorial Psalm**  
 The Lord has done great things for us; we are filled with joy.  
**Second Reading**  
 Philippians 3:8-14  
**Gospel**  
 John 8:1-11

**PRAYERS PLEASE**

In your mercy, please pray for those who have died recently and those whose anniversaries occur around this time: **Maureen Dempsey, Robert Southwell, Maria Iglie, Maligaya Morales, Luzviminda Vicedo and for the sick in our parish Clemente Quinajon, David Berkeley, Artemia Sheather, Mario Locantro, Anna Tan, Eduardo Vicedo, Jason Young, Johny and Alexander Vella, David Campbell and Peter Campbell.**

*Masses will be offered on request. Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.*

**Names on the Sick List will be removed after 4 weeks unless otherwise advised.**

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## Bulletin Notices:

### New updates

#### 1. Chrism Mass

Please join us on Tuesday 15 April for our Chrism Mass with Bishop Michael Kennedy. The mass will start at 7pm at Sacred Heart Cathedral. Everyone is welcome.

### Opportunities included in previous notices

#### 2. Formation Films

Formation Films – Ordinary Angels – 5 April 2025 – 11am

Join us as we watch the 2024 release film “Ordinary Angels”, share lunch and discuss the messages of hope in this film.

Bookings: <https://forms.office.com/r/6PpRW0QfUy> Or call 0409 033 449.

Venue: Diocesan Resource Centre (corner of Tudor and Parry Streets, Newcastle West)

#### 3. Formation Fridays

Message of His Holiness Pope Francis for Lent 2025 – 4 April 2025 – 1pm – In Person or via Zoom

Meet with other community members via Zoom or in the Diocesan Resource Centre (Corner of Tudor & Parry Streets, Newcastle West) Library for a chance to reflect and discuss Pope Francis’ 2025 Lenten Message

Bookings: <https://forms.office.com/r/9SpfLjWRBw> or call 0409 033 449.

#### 4. Way of the Cross

This year’s Way of the Cross will continue our pilgrimage experience that began with the Jubilee Launch. Come and walk with fellow pilgrims and build relationships as we share our responses to Pope Francis’ invitation to become agents of hope within our own communities.

Join us at 3pm on Sunday 6 April (you can gather from 2pm)

ST JOSEPH’S CATHOLIC CHURCH, TORONTO - 140 Wangi Road, Toronto NSW 2283

**ENQUIRIES:** [mission@mn.catholic.org.au](mailto:mission@mn.catholic.org.au)

**REGISTER:** [www.eventbrite.com.au/e/the-way-of-the-cross-a-pilgrimage-of-hope-tickets-1250877762059](http://www.eventbrite.com.au/e/the-way-of-the-cross-a-pilgrimage-of-hope-tickets-1250877762059)



## 5. Jubilee Art Exhibition – Saturday 31 May

Members of the Diocesan community are invited to create an artwork focusing on the theme - “Hope does not disappoint” (Rom 5:5). Winning entries will travel across the Diocese in a travelling exhibition during the Jubilee Year.

**Entry Categories:** A. Primary School B. High School C. Adult

**Prize for each Category:** 1st Prize - \$500, 2nd Prize - \$250, 3rd Prize - \$100

**Key dates:**

- Friday 9 May - Registration of artworks Jubilee Art Exhibition
- Saturday 31 May - Exhibition Opening: 2pm-4pm, Veritas Centre, San Clement Catholic College, Mayfield

### **Requirements:**

Artworks created on A4 paper (only) leaving a 2cm boarder for framing. Any medium suitable for a 2D artwork on paper can be used. Artist Statement – maximum 250 words – describe how your artwork connects with the theme, ‘Hope does not disappoint, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us (Rom 5:1-2.5)’.

**Enquires:** [rose.mcallister@mn.catholic.org.au](mailto:rose.mcallister@mn.catholic.org.au)

## 6. Art and Spirituality Days

We will be hosting two Art and Spirituality Days in 2025 on Friday 4 April and Friday 12 September at the Kilaben Bay Community Centre (140 Wangi Road, Kilaben Bay).

Participants will engage in art-making experiences that will nourish their faith.

**Cost:** \$25. BYO lunch. Morning tea will be provided.

**Registration:** <https://www.eventbrite.com.au/e/1235249708129>

For further information contact Rose McAllister on [rose.mcallister@mn.catholic.org.au](mailto:rose.mcallister@mn.catholic.org.au)

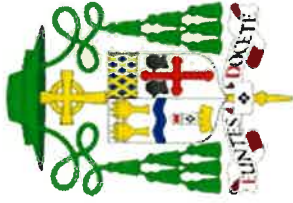
## Ongoing opportunities

1. Live stream Mass every Sunday at 9.30am at [www.mn.catholic.org.au/places/live-stream](http://www.mn.catholic.org.au/places/live-stream)

## Useful Links

Here are some useful links and resources that may be new to you. Feel free to share with parish contacts or publish in parish bulletins (as appropriate):

- [Liturgy page](#) – regularly updated
- [Faith formation page](#) – regularly updated
- [MNnews.today](#) – Diocesan News Service
- [DoMN Library](#)
- [Subscribe to DioUpdate eNewsletter](#)
- [Aurora Magazine articles online](#)



The Most Reverend Michael Kennedy  
and the Catholic Diocese of Maitland-Newcastle cordially invites

Clergy of the Diocese of Maitland-Newcastle

to the Diaconal Ordination of

**Anton Perera**

by

**Most Reverend Michael Kennedy**

on Friday, 4 April 2025 at 7pm

in Sacred Heart Cathedral, 841 Hunter St, Newcastle West

(Refreshments will be served in the Victor Peters Suite, 841 Hunter St, Newcastle West following the Liturgy)

